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pro-biotic skin care



What the blogs say about Probiotics – no. 1



Probiotic Professional Skincare Line: Posted by Sandy (USA) December 18, 2008 who quotes Dr. Lisa Hynes, described as “one of the country’s leading dermatologists”

Consumers, more aware of science-based formulations, today evaluate and purchase products based on quality with a strong expectation of functional benefits from those products, not just a pleasing fragrance or attractive packaging.

Probiotics used topically on the skin have been found to provide competitive protection against harmful bacteria which creates skin conditions such as acne, psoriasis, rosacea, millia, rashes and dermatitis.

“When the skin is out of balance there is a destruction of the skin barrier which leads to greater dispersion of foreign substances such as harmful bacteria,” Dr. Hynes said. “Probiotics have been

shown to have a significant effect short term by reducing inflammation and infections; and, long term, have been shown to deter premature formation of wrinkles.”

While they have been used for thousands of years, recent discoveries have led to a deeper understanding of the possibilities probiotics hold. It is no surprise they have become all the rage in foods and drinks, but only today are the dramatic benefits of topical applications being fully uncovered.

In fact, probiotics are so effective that many hospitals have gone from relying on antiseptic soap-scrubbing to washing with probiotic products and studies have suggested using probiotics on patients’ wounds prior to surgery. The safety of probiotics—essentially good bacteria that every person’s body needs both internally and externally—is so convincing that they are being used in everything from baby food to pizza crust to toothpaste, not just in yogurt.

The increasing importance of probiotics in skincare has been confirmed by Mintel Cosmetic Research, which has identified probiotics as among the hottest beauty ingredient trends for 2009. “Food and beauty will become increasingly intertwined, as more good-for-you food ingredients—think green tea and probiotics—are incorporated into skin care and cosmetic products,” the research organization found.

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As Gary Huffnagle, immunologist at the University of Michigan and author of *The Probiotics Revolution*, said, ‘Probiotics is not a fad. It’s a new scientific concept about how the body works.’

<http://www.skincareblog.net/2008/12/18/probiotic-professional-skincare-line/>

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